## The significance of Pb<sup>2+</sup>(aq) for people and/or the environment.

Many communities experience lead contamination. In some cases, this can occur due to the corrosion of lead pipes or fixtures that contain lead. Other sources of lead contamination may include industrial discharges, mining activities, and contaminated soil.

Lead ions can accumulate in the soil, which can lead to reduced plant growth and decreased nutrient uptake. Lead ions disrupt photosynthesis, by interfering with the function of chloroplasts, the organelles where plants produce energy. The presence of lead ions in the soil can also affect the microbial community, which is essential for soil health and nutrient cycling.

## One of the most significant sources of lead exposure is through contaminated water.

Lead ions in water can have harmful effects on human health, particularly for infants, young children, and pregnant women. Exposure to lead in drinking water can cause various health problems, including developmental delays, behavioural problems, learning difficulties, and anaemia. Anaemia, a condition characterised by a lack of red blood cells, can cause fatigue, weakness, and shortness of breath. Chronic lead exposure has been linked to high blood pressure, kidney damage, heart disease, and strokes.

The effects on human health depend on the duration and intensity of exposure. Acute lead exposure can cause symptoms such as stomach pain, headache, muscle weakness, and seizures and in severe cases can lead to coma or death. However, chronic exposure to low levels of lead can cause more insidious health problems that may go unnoticed for years.

Lead ion toxicity is a complex process that involves disruption of multiple biochemical pathways in the body. The toxic effects of lead ions are particularly concerning for vulnerable populations (infants, young children, and pregnant women) who are more susceptible to the harmful effects of lead exposure. One of the primary mechanisms by which lead ions cause toxicity is by binding to proteins and enzymes, thereby disrupting their structure and function. Lead ions can also displace other essential ions, such as calcium and zinc, from their binding sites on proteins, leading to further disruption of cellular function.

Lead ions can enter cells through various transporters, including calcium and zinc transporters, which can transport lead ions into cells in place of the essential ions. Once inside the cell, lead ions can disrupt various biochemical pathways, including those involved in DNA synthesis, neurotransmitter synthesis, and energy production.

One of the most significant effects of lead toxicity is its effect on the central nervous system. Lead ions can disrupt the normal function of neurotransmitters, causing altered neuronal communication and impaired cognitive function. Additionally, lead ions can cause 'oxidative stress' by generating free radicals, which can damage cellular components such as proteins, lipids, and DNA. The kidneys are also highly susceptible to lead toxicity, as lead ions can accumulate in the kidneys and damage their structure and function, damaging the renal tubules, leading to impaired filtration and excretion of waste products from the body.

The level of lead in drinking water that is considered dangerous varies depending on the age and health status of the individual. However, the United States Environmental Protection Agency (EPA) has set a maximum contaminant level (MCL) for lead in drinking water at 0.015 milligrams per litre (mg/L). This level is based on the level of lead that can be safely ingested by a child weighing 22 kilograms who drinks two litres of water per day.